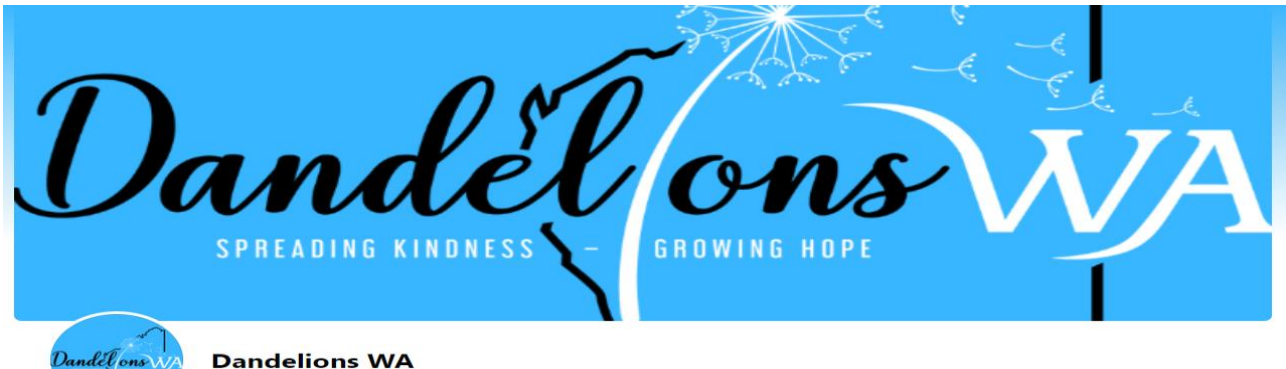




Southern Cross Satellite



Dandelions WA

Thank you, Thank you, Thank you

Dandelions WA is a not-for-profit organisation. We are very lucky to receive free back packs again in 2024. Some of the wonderful items in the backpacks were: hats, drink bottles, lunch boxes, library bags, pens, pencils, books, visual diaries, toothbrushes, socks, ear pods, sharpeners and so very much more.

Jaidon Barker, said, "I like my lunchbox and new bag."

Ryder Tuck, said, "I like my pencil case and pencils."

"We are happy with the backpacks too." Jaidon and Ryder.





NEWSLETTER Issue No 1, 1 March 2024

28 - 40 Antares Street, Southern Cross, WA. 6426

Phone: (08) 9048 9000

SouthernCross.dhs@education.wa.edu.au

Dates to Remember

4 March Monday - Labour Day Public Holiday

8 March Friday - YSSSA Swimming Carnival

18 March Monday - School Photos

22 March Friday - Crazy Hair Day

FROM THE PRINCIPAL

Kaya Parents, Carers and Friends

I don't know who was more excited to be back, me or the students. What a great start to the term, our student leaders have already met to discuss their initiatives for the year, we have received our school bags from Dandelions, we have had sport lessons at the pool, we have commenced learning and we have increased breakfast club to three days a week.

What a fantastic start to 2024.

Our school has commenced the Fogarty EDvance journey, the Fogarty EDvance School Improvement Program focuses on building the capacity of our leadership team to make informed evidence-based decisions, strategically plan, and ultimately, improve student outcomes. This is a three-year program, and we are excited to be part of this initiative.

We are all still on such a high, having accomplished a three year return with the Public School Review. The reviewers were really positive of so many aspects of our schools, how we all work hard to improve student outcomes, the behaviour of students, the students themselves, our community, our staff and the fact that as a school community, we are all so close. I can promise that we will continue to work on making our improvements and I look forward to working with you on the new school Business Plan.

I am of the belief that it is extremely important to create smaller classes in the primary section. Teachers are then able to work with individual student's development and to build strong relationships to improve student outcomes. We celebrate this at Southern Cross District High School.

I would like to give a warm welcome to Steven Hoosen who has come to our school to teach HaSS and English in Secondary. I am enjoying watching the students interact with him in a positive environment, where all students are engaged in their learning.

Welcome also to Jennie Long, who is enjoying working with the Year 4 students. The classroom is visually attractive, and students are enjoying their new teacher.

Just a reminder of how important attendance is. On our first day at school, we had a few families who did not engage in schooling. Please remember to advise the front office if your child is absent from school and to provide a medical certificate if they are absent longer than two days.

Southern Cross District High School is such a welcoming school with wonderful resources, terrific staff, fantastic learners and dedicated families that it is truly a pleasure to lead and I look forward to seeing you all this year, so that together, we work towards excellence.

Louise Davidson
PRINCIPAL

At Southern Cross District High School, our staff and students 'Strive' to achieve their personal best.

Kindy, Pre-Primary, Year One



STORYBOOK SESSIONS

We often read stories that not only encourage children's language growth and literacy skills but are also an enjoyable experience. While reading the books we can ask and answer questions, find out the definitions of some words, hear rhyming pairs and use our imagination. The Mixed-Up Chameleon by Eric Carle was one of the class favourites as they got to draw their own mixed-up animals.

School library books are also a valuable resource, as the children can take home a different book each week. Reading the books every night enables the children to hear storytelling in an engaging way.

Year 2/3

The Year 2/3 class have been working very hard this term. We have settled nicely into our routines and have received so many Blue Cards for our fabulous choices. Perhaps the best part of the term so far has been our 'Sweet Treats' art projects. We have been looking at a famous artist each week and using their work to inspire our art. Our art looks delicious!

Here are some of our classmates' favourite things about the term so far:

Ryder - "I like to do Maths. Playing games is fun."

Shark - "I like that Year 3 is not that hard."

Phoenix - "I like playing Mathletics."

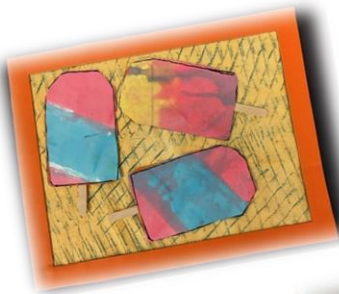
Jackston - "I like that we have been learning about Maths."

Avah-Jayne - "I like using the laptops."

Wyatt - "I like doing Maths."

Jaidon - "I like laptops."

We look forward to an amazing year with the 2/3 Super Stars!



Year 5/6

We are enjoying our Maths Origo program, at the moment and our artwork with ducks using shapes to create our drawings. Overall, our spelling is improving, during HaSS we will be researching The Swan River Colony for the Year 5 students and Federation for Year 6 students. Icy-pole Friday was fantastic.

Mr Rosher



At Southern Cross District High School, our staff and students 'Strive' to achieve their personal best.

Sport & Health

Since the start of our school year, we have enjoyed lots of fun at the pool during PE lessons and these have allowed us to cool off. It has provided the students with a great opportunity to participate in Aquatic games - relays, ball games and wrangling pool noodles. These sessions are a great lead in for our primary students with the YSSSA Swimming Carnival coming up in Week 6, Friday 8 March 2024.

It is great that the students have remembered bathers, towels, rashies, hats and drink bottles for these sessions.

In Health lessons, the students have been learning about Friendships, Personal strengths, and Mental Health. If you have any questions regarding your child's progress, please let me know, via email or phone.

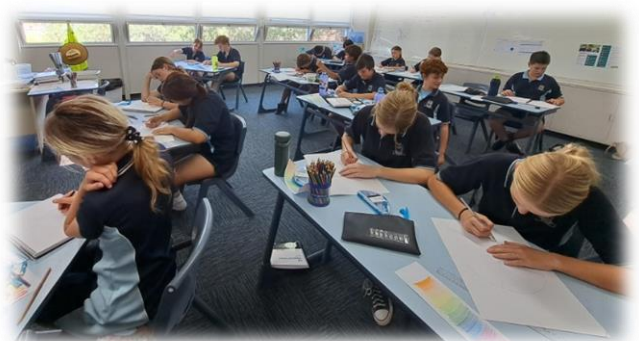
Mrs Field



Year 7 and 8 Art

Students have examined the colour wheel and made their own colour strip to use with a perspective drawing of a cityscape. This is from the perspective of looking up from the ground. It was great to witness the student's displaying concentration and persistent in their work.

Mrs Field



CONGRATULATIONS

Honour Certificates

Pre-Primary

Logan for his wonderful explanations about Transformers during morning chats.

Mrs Dal Busco

Narla for being an active and enthusiastic participant during Science, and verbally demonstrating a strong recall of the content covered.

Miss Tisdell

Year 1

Gabriella for showing initiative and an increase in confidence in her own abilities.

Mrs Dal Busco

Year 3

Shark for an awesome start to school! Your reading and number work are impressive Shark.

Miss Kinson

Jaidon for starting the year off strong! Well done for joining in and working hard. You're amazing!

Miss Kinson

Year 4

Elizabeth for producing work of a high standard. Well done!

Ms Long

Ella-Norah for displaying enthusiasm when participating in collaborative activities.

Ms Long

Year 5

Tia for high academic standards in reading and spelling.

Mr Rosher

Gordan for improving his reading skills by practising every day.

Mr Rosher

Year 6

Troy for demonstrating support of others in Health lessons.

Mrs Field

Year 8

Maddison for overall outstanding progress in all subjects. A pleasure to teach.

Mr Hooson

James for consistently demonstrating supportive and respectful behaviours and striving for success in Science and Maths. Well done, James.

Ms Tisdell

Iasbhella for always demonstrating respect in Health and Physical Education.

Mrs Field

Year 10

Joshua for putting a lot of effort into improving his recall and application of Maths concepts.

Miss Tisdell

Shayla for consistent effort in all classes. It's great to see your enthusiasm!

Mr Hooson

Principal Awards

Pre-Primary

Narla

Year 3

Ryder

Year 4

Callum

Year 10

James

Max

100% Attendance Awards Week 1-5

Alexis 100% Attendance Award
Tahlor 100% Attendance Award
Imogen 100% Attendance Award
Angelo 100% Attendance Award
Claudia 100% Attendance Award

Dakota-Rose 100% Attendance Award
Ruby 100% Attendance Award
Malichi 100% Attendance Award
Arapeta 100% Attendance Award

Positive Behaviour Support (PBS) Week 1-5 Blue Card draw

Eli - Kindy
Logan - Pre primary
Holly - Year 7
Angelo - Year 8



Term1 Planner

6	4 Labour Day Holiday	5	6 P&C meeting 3.30	7	8 YSSSA Swimming Carnival Secondary Boys Sleepover	9	10
7	11	12	13 NAPLAN	14 NAPLAN	15 NAPLAN Harmony Day	16	17
8	18 NAPLAN School Photos <u>Fotoworks</u>	19 NAPLAN	20 NAPLAN	21 NAPLAN	22 NAPLAN Crazy Hair Day	23	24
9	25 NAPLAN	26	27	28 Easter Hat Parade Assembly	29 Good Friday Holidays	30	31
	1 April Easter Monday Holidays	2 Holidays	3 Holidays	4 Holidays	5 Holidays	6	7
	8 Holidays	9 Holidays	10 Holidays	11 Holidays	12 Holidays	13	14

VOLUNTARY CONTRIBUTIONS 2024

Kindergarten \$60.00

Pre-Primary \$60.00

Primary \$60.00

Secondary \$235.00

Contributions can be deposited directly to our school Bank Account

Account Name: Southern Cross District High School

BSB: 036128

Account Number: 860047

Please make sure that you identify your deposit with your child's name to ensure that we credit it correctly

Happy Birthday

Indy 2 January
Lucas 5 January
Claudia 8 January
Madison 31 January

Miekenzie 10 February
Joshua 13 February
Logan 18 February
Marcina 25 February
Ella-Norah 26 February
Caitlyn 27 February





**DONATIONS
NEEDED**
Can you help??

*Donations
are greatly
Appreciated!*

BREAKFAST CLUB

We are lucky to have the support again this year of **Foodbank** who donate food for Breakfast Club. However, we still love to receive donations. If you have anything spare, please drop it off at the front desk, all donations will be gratefully accepted.

Breakfast Club now runs three days a week. Monday, Wednesday and Friday, we need your help please, any one wishing to help at breakfast club, we are looking for volunteers. Thank you.



Government of Western Australia
WA Country Health Service



Breathe Blow Cough

By encouraging children to do the BBC steps as part of their daily routine, we can help keep their ears healthy.

When children's ears are healthy, their hearing is strong and they can listen and learn well in class.

1

BLOW

Blow away the snot in your nose.

Use a tissue to blow your nose, one side at a time, until your nose is empty.

Throw your used tissue in the bin.



2

BREATHE

Check if your nose is clear.

Take five big breaths in and out through your nose.



3

COUGH

Do big coughs to clear your chest.

Put your elbow in front of your mouth and cough twice.



4

WASH

Wash the germs away.

Wash your hands and face with soap and water. Dry them with a paper towel.



5

EXERCISE

Time to do some quick exercise.

Do ten star jumps!



Ear infections in children

Ears are connected to the nose by a tube which can get blocked from excess mucus during colds or allergies. This can cause fluid to build up in the ears which can lead to an ear infection.

Ear infections can affect children's hearing. This can cause problems to their speech development and learning.

Symptoms of ear disease

- Signs of a cold (cough, sore throat, runny nose)
- Pain in the ear
- Runny fluid or pus from ear
- Kids pulling ears
- Fever
- Can't hear properly
- Not eating
- Diarrhoea or vomiting

Sometimes, ear disease can happen with no symptoms.

How to prevent ear disease:

- ✓ Do the Breathe Blow Cough routine.
- ✓ Get your child's ears checked by a health worker, nurse or doctor.
- ✓ Eat healthy foods.
- ✓ Breastfeeding can help fight infections.
- ✓ Keep your child's immunisation up-to-date.
- ✗ Avoid smoking around your child.
- ✗ Avoid sticking anything in your child's ears, unless your health worker, nurse or doctor asks you to.

If you think your child may have an ear infection, take them to see the GP.



Breathe Blow Cough

Breathe Blow Cough is a routine that can help prevent ear diseases.

This routine involves nose blowing, coughing into elbows, hand washing and doing a quick exercise.

1

BLOW

Blow away the snot in your nose.
Use a tissue to blow your nose, one side at a time, until your nose is empty. Throw your used tissue in the bin.



2

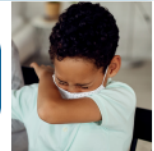
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Do ten star jumps!



Government of Western Australia
WA Country Health Service

Help kids practice blowing their nose at home:

Make a tiny tissue ball and put it on your palm. Blow away the tissue using your mouth first. Now try again with your mouth closed and using your nose only!



- 😊 Practice nose blowing when your child is feeling well.
- 😊 Remember to wash your hands and face after you blow your nose!

Breathe Blow Cough

For healthy ears in children



Acknowledgements

Care for Kids' Ears,
Australian Government, Department of Health

Hearing Australia

