



Southern Cross Satellite



Department of Education's Women of Achievement Award Nomination to Mrs Davidson for her dedication to building positive community relationships and significant contribution to improving educational outcomes for students.



Minister of Education, [Hon Dr Tony Buti BPE DipEd MIR LLB DPhil MLA](#)
Congratulating Louise on her nomination.



Jay Pickett Director General
congratulating Louise on her nomination.



Louise and Alison enjoying the view at the Women of Achievement in Education



Dates to Remember

13 March Thursday – Teddy Bear Hospital

14 March Friday - Assembly

26 March Wednesday - School Photos

2 April Wednesday 3.30 – P&C Meeting

11 April Friday – Anzac Service

11 April Friday – END OF TERM 1

Kaya Parents, Carers and Friends

Kaya and welcome to first newsletter for Term 1, 2025.

Wow, we missed your child/children over the holidays, and we were so happy to see them on the first day of school. I was so proud with our students all in school uniform looking bright and ready to learn.

Everything we do at school, every decision we make, every decision I make, is made with the knowledge that students are at the centre of every decision. We always put our students first, where students can flourish in aspects and reach for their own individual stars.

So far this term we have been very busy with Tutu Day, Parent Interviews and Census Day, where our final numbers sit at 59, with 31 students in primary school, 26 students in middle school and two students in Year 11. This is a fantastic opportunity for our Year 10 students whose parents chose for them to remain at Southern Cross District High School and not have to move away to another area to access high school.

Breakfast Club

Breakfast Club is running amazingly well. There are so many benefits of Breakfast Club, research points to the benefits of school breakfast programs for children and adolescents. The benefits relate not only to improvements in nutritional quality and caloric intake but to flow-on effects for educational outcomes, including improvements in school attendance, readiness to learn, ability to concentrate, on-task classroom behaviour and academic performance. There are clear indications throughout the academic literature that well-supported school breakfast programs can achieve positive outcomes that extend beyond the immediate social protection aims of addressing the hunger and nutrition needs of food-insecure school children. There is good evidence to suggest school breakfast programs can add value in terms of children's social-emotional development. For example, they have been shown to provide enhanced opportunities for students to develop positive social relationships and to contribute to improved psychosocial functioning and the building of a sense of community and school connectedness. The latter two are of particular interest, since feeling part of or connected to one's school community has been identified as an important protective factor for mental health and as a key determinant of educational outcomes and academic success. This highlights that by creating a Breakfast Club, improving caloric intake and attending to students' emotional needs there are clear benefits for attendance, classroom behaviour and academic performance.

NAPLAN

We are sending letters to all families of students in Years 3,5,7 and 9 regarding Naplan, which is occurring between the 12th and 24th of March.

Parenting Meetings

We had a great turn out for our parent meetings. Parent meetings are so important because they provide a crucial platform for open communication between teachers and parents, allowing them to discuss a child's academic progress, address any concerns, build a supportive relationship, and work together to ensure the student's success in school; essentially, fostering a strong home-school connection that benefits the child's overall development.

We enjoyed meeting parents and sharing a delicious afternoon tea.

Assembly and End of Year Celebration

This year we have some changes to our assemblies. All assemblies will commence at 9 am on Fridays, which we will announce the date, this term it will be on Friday 14 March in the undercover area. We really listen to the school community as to what is best for our students, so this year we are going to try something different for our end of year Celebration. We will be holding it on a Friday morning in Term 4.

Award

I am so excited to have been nominated for an Education Department Women of Achievement Award for my dedication to building positive community relationships and significant contribution to improving education outcomes for students. Hence, I would like to thank the Southern Cross District High School community for their continual support. It is such a privilege to have my leadership at Southern Cross District High School acknowledged in this way, thank you very much.

FROM THE PRINCIPAL

LOUISE DAVIDSON



Turia Pitt, motivational speaker, spoke about keeping on going and constantly improving

Aquatic Swimming Session in PE
& tennis club
Run By Mrs Field





TERM ONE 2025

'Mrs Dal Busco had a farm e, i, e, i, o'

And on that farm she had the students doing some Yoga, making farms, counting, measuring, building, reading, using laptops, learning Indonesian, creating, sorting, retelling stories and sharing birthdays.

E, I, E, I. 00000!

The 2/3/4 students created "bots" this week to spread positive affirmations to the world, each bot is created with super powers the students came up with including love and consistency and bravery, the students designed and drew them onto dominoes which we glued magnetic stops onto so they can be stuck anywhere and the person finding them can receive the powers of the "bot". Look out for these bots at home, around town and at school. – With Ms Fogarty



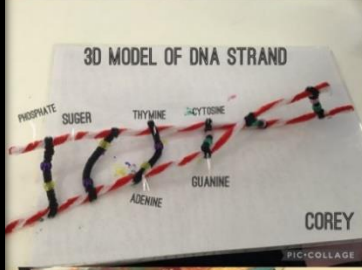


Year 7/8 Cooking scones with Mrs Rees





Secondary students are learning about Biological Sciences this term, with the Yr 7/8 class focusing on Ecological Sciences and the Yr 9/10 class focusing DNA and Genetics.



HIGH SCHOOL ART AND SCIENCE



Both high school classes have been hard at work on their first project... check out Ms Tisdell's windows to see the amazing work!



Dandelions WA

Thank you, Thank you, Thank you

Dandelions WA is a not-for-profit organisation. We are very lucky to receive free back packs again in 2025. Some of the wonderful items in the backpacks were: hats, drink bottles, lunch boxes, library bags, pens, pencils, books, visual diaries, toothbrushes, socks, ear pods, sharpeners and so very much more.

For particular attention to parents of kindy/pre-primary students

Undescended Testes

Undescended testes

Screening for undescended testes is recommended for boys at school entry, typically around 4 to 5 years of age. Sometimes, the testes (also known as testicles) are in the scrotum at birth but may move up into the groin or abdomen at around 4-10 years of age. This happens because the cord that attaches the testis to the abdomen doesn't grow at the same rate as the child.

Undescended testes do not fully descend into the scrotum and can affect one or both testes. Parents or guardians can encourage older children to check for absence of testes in the scrotum themselves. The condition is not painful but can lead to complications such as twisting of the testis, a groin hernia, reduced fertility, and testicular cancer.

For further details on undescended testes, see [Raising Children Network](#) .

If you have any concerns, please contact your General Practitioner for advice.

Colour blindness

Colour Blindness

It's good to know if a child is colour blind, as they may struggle in school with activities that use colours, such as drawing and sorting blocks.

Colour blindness might become obvious after the age of 4 years and is more common among boys. Children who are colour-blind can see as clearly as other children but cannot tell the difference between some colours or see colours differently from other children. This usually happens with reds and greens, and sometimes with blues and yellows.

If your child is colour blind, it's good to inform their teacher about the condition. This will allow the teacher to choose activities that don't involve spotting colour differences.

For further details, please see [Raising Children Network](#).

If you have any concerns, colour vision testing can be performed by some General Practitioners (GP), eye specialists or optometrists.

For particular attention to parents of Year 6 students

Scoliosis

Scoliosis

Early detection of scoliosis is crucial for managing child's spinal health and ensuring the best possible outcomes. Scoliosis is a condition where the spine twists and curves sideways. It is more common in girls than in boys and typically becomes noticeable during growth spurts.

Most cases of scoliosis develop in otherwise healthy children, and the exact cause is often unknown.

Parents and children can look for signs such as uneven shoulders, uneven shoulder blades, a slightly tilted head, a noticeable curve in the back, or one hip being higher than the other. These can be spotted with a simple examination of your child's back.

For more details on scoliosis and how to check for it, please see [Raising Children Network](#).

If you have any concerns, please contact your General Practitioner for advice

VOLUNTARY CONTRIBUTIONS 2025

Kindergarten \$60.00
Pre-Primary \$60.00
Primary \$60.00
Secondary \$235.00

Contributions can be deposited directly to our school Bank Account

Account Name: Southern Cross District High School
BSB: 036128
Account Number: 860047

Please make sure that you identify your deposit with your child's name to ensure that we credit it correctly



Parent Online Drug Information

Online live information session for parents focusing on alcohol and other drug use.

This session provides:

- **information to improve parents' knowledge and understanding of issues relating to alcohol and other drugs**
- **practical strategies and examples of parenting around these issues; and**
- **a list of available support for mental health concerns, alcohol, and drug issues.**

Talking with young people about alcohol and other drugs.	Tuesday 25 th March 2025	Parents	6pm to 7.30pm	Online Live	Role Of Parents in Supporting Road Safety & Drug Education SDERA	Meeting Link for Microsoft teams Join the meeting now
--	-------------------------------------	---------	---------------	-------------	--	--

Parents can join online using the Microsoft teams link provided, there will be a question session at the end.

Please go to the Newsletter linked to our school Web page to Join the meeting.

Adolescent immunisation



Free recommended vaccines for students in year 7 and year 10

- Immunisation protects your child against vaccine-preventable diseases.
- Every year, the adolescent immunisation program provides free, routine and recommended vaccines to year 7 and year 10 students across Western Australia.
- **Parents, legal guardians and adolescents can register and consent online.**

[Register your consent](#)

[Adolescent immunisation \(healthywa.wa.gov.au\)](https://healthywa.wa.gov.au)



Navigating *Inescapable Moments*

All our lives have been shaped by and continue to be shaped by moments we experience. In this lifetime, there are moments that are unavoidable, and it's not a matter of IF but WHEN they arrive. How a teen responds to these moments influence what happens next.

In this FREE session, parents will gain valuable insights into the experiences their teens are facing and will be equipped with practical tools to foster growth and resilience, both now and in the future.

When & Where

Wed 6 - 7:30pm | 12 March 2025
St Mary's School Merredin
37 South Avenue, Merredin

Light refreshments provided.

Bookings

<https://bit.ly/dubsymerredin>

About the Speaker

Nathan "Dubsy" Want is a speaker & author who helps teens & parents through life's inescapable moments.

For almost two decades, he has worked with teens and parents in various environments in the areas of wellbeing & leadership to give them the skills to deal with what's in front of them now and what's coming later in life.

Enquiries: T: 0447 622 736
E: WheatbeltPCWA@wanslea.org.au

Supported by

