



## Dates to Remember

### **Tuesday 2 August**

School Board Meeting – 4pm

### **Wednesday 3 August**

P & C Meeting 3:30pm –  
staffroom

### **Thursday 4 August**

NAIDOC Day @ St Joseph's PS

### **Wednesday 17 August**

Country Week Parent Meeting  
5pm – staffroom

### **Friday 19 August**

Year 2/3 Assembly

### **Thursday 25 August**

Bookweek Dress Up Day  
“Dreaming with Eyes Open”

## **FROM THE PRINCIPAL**

Welcome to our first newsletter of Term 3, and already we are at the end of week 2! Welcome also to our new students and their family who joined us at the start of this term, its lovely to have you join our school community.

## **STAFFING**

Mr Karl Chrimes, will be our Deputy Principal for this term, and Mr Trevor Howitt will be working with the secondary students until the end of week 5.

Mrs Jane Patroni has been working in early childhood room while Mrs Dal Busco has been away, her last day being today. Thanks very much for coming back and being part of our team, Mrs Patroni, it has been great having you here! Thanks also to Mrs Borona for being ‘on deck’ with Mrs Patroni, I’m sure the students enjoyed having you there for the extra time.

## **ASSEMBLY**

Thanks to the parents and community members who attended the year 4/5/6 assembly last week to see our new Student Councillors presented. It’s always nice to see everyone come along, enjoy the item and hear about what is happening in the school.



Thank you to our Semester One Student Councillors:  
Stephanie, Anthony, Toby, Shellbee, Kira and Ruby.



Congratulations to our Semester Two Student Councillors:  
Stephanie, Toby, Ekam, Daniella and Mia.

## **COUNTRY WEEK UPDATE**

We have had several pledges and donations come in from various businesses and companies around Southern Cross, towards our secondary country week camp. On behalf of all of us I would like to thank them for all their generosity, as well as thank everyone who has been buying chocolates to assist with our

fundraising (luckily they are sugar free...no they aren't – but made you look!) Please keep your eye out for further fundraising activities as the term progresses.

## PEAC TESTING

On Wednesday 3 August (next week), the year 4 students will participate in the annual PEAC testing process. The scores from the test will be used in the selection of students for PEAC courses and extension programs during 2023 to 2024, and also to inform educational provision in our school.

## NAIDOC DAY

Next Thursday all students will be participating in NAIDOC activities with the St Joseph's and Moorine Rock students, at St Joseph's. Parents are welcome to come along and join in with activities commencing at 9:15am. An excursion permission letter for this activity will be sent home to all families today.

## ATTENDANCE REMINDER

We understand that there may be times when children need to be absent from school such as an illness, out of town appointments or for family reasons. On these occasions it is important to inform the school of any reasonable absences. It is a requirement that if a student is absent for 3 consecutive days or longer, that a medical certificate is supplied to cover these dates.

If your child misses...	that equals...	or...	From Kindy to year 12 that adds up to...	Which is the equivalent of attending until:	Attendance rate
1 day per fortnight	20 days per year	1 month per year	nearly 1 ½ years	part-way through year 11	90%
1 day per week	40 days per year	2 months per year	over 2 ½ years	part-way through year 10	80%
2 days per week	80 days per year	4 months per year	over 5 years	the end of year 7	60%
3 days per week	120 days per year	6 months per year	nearly 8 years	the end of year 4	40%

**Mrs Karen Tabner**  
**Principal**

## FROM THE DEPUTY PRINCIPAL

Hello Families. I am excited to be writing my first column in the newsletter. Firstly, I would like to start by saying thank you to all who have made me feel so welcome at the school and in town. I arrive in Southern Cross as Deputy Principal, having left Alkimos Primary School in Perth's northern suburbs, where I have worked for the past 7 years. Alkimos PS hosts 687 students, so you can imagine my immense shock when last Friday I attended my first whole school assembly and there were only 47 students. I have enjoyed getting to know all the students, as I see them for their Health & Phys Ed lessons. I must commend all the students on their openness and acceptance of someone new. You as families should be very proud. I am looking forward to a great term and trying to convince the students that soccer is the world game and should always be played at recess and lunch! Furthermore, I am looking forward to meeting parents and families over the coming term. Have a wonderful weekend.

**Mr Karl Chrimes**  
**Deputy Principal**

# Congratulations

Congratulations to the recipients of Honour Certificates:

## Pre-Primary

**Claire** for her ability to blend or segment sounds in words. *Mrs Dal Busco*

## Year 1

**Ryder** for showing great improvement in his addition skills, using doubles and counting on. *Mrs Dal Busco*

## Year 2/3

**Callum** for having a go at everything in class. You are a superstar! *Miss Kinson*

**Bella** for her sensible and conscientious effort to complete all science investigations carefully and correctly. *Mrs Nicholl*

## Year 4/5/6

**Lennix** for working hard to improve his understanding of fractions and positional language in Maths. *Miss Robbins*

**Jayden** for working hard to improve his handwriting and presentation of work. *Miss Robbins*

**Mathew** for his enthusiastic attitude and effort in completing this term's Chemical Science unit. *Mrs Nicholl*

## Year 7/8

**Daniella** for persisting and completing her Design and Technology project to a high standard. *Ms Tisdell*

**Shayla** for showing initiative and working hard to complete a detailed model of the respiratory system in science. *Ms Tisdell*

## Year 9/10

**Marcus S** for his terrific improvement over the last ten weeks. I am pleased to have seen a positive change in Marcus's attitude. *Mrs Negus*



## **SIDE (School of Isolated and Distance Education) Certificates:**

**Tia** for your excellent understanding of the Indonesian language as well as your kindness in helping your friends and teachers. LUAR BIASA Tia! *Miss Capello (SIDE)*

**Alexis** For your enthusiasm in learning the Indonesian language and always giving your best work in every lesson. HEBAT Alexis! *Miss Capello (SIDE)*

**Maddison** For your excellent work ethics in participating and completing the tasks given as well as your great understanding of the Indonesian language and structure. PANDAI Maddie! *Miss Capello (SIDE)*

**Holly** demonstrating consistency in completing the tasks given with high quality as well as great comprehension of the Indonesian language. *Miss Capello (SIDE)*

**Stephanie** has gained recognition for her positive attitude and effort in her learning. *Mr Matthews (SIDE)*





Department of Education

Department of Health

# THE FACTS ABOUT VAPING

There are many different styles of electronic cigarettes or 'vapes' available.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes.

**This is not true. Vapes are not safe.** Spotting vapes can be difficult because they often resemble common school items like highlighter pens, markers and USB drives. Knowing the different shapes and types of vapes is a first step to help protect young people from the risks of vaping.

## COMMON VAPES



Disposable vapes are the most common vapes used by young people. They can contain between 300 to over 4,000 'puffs' in each device. They often range in price from \$15 to \$50, depending on the number of 'puffs' the device contains. Many of these vapes contain nicotine, despite often not being labelled as containing nicotine.



Vapes can also come in pod-style or refillable devices, where the user refills the device with e-liquids or new pods containing e-liquids. These devices don't seem to be as popular with young people.

## DO YOU KNOW WHAT THEY'RE VAPING?

[education.wa.edu.au](http://education.wa.edu.au)

## THE LAWS AROUND SELLING VAPES IN WA

It is reported that young people often purchase vapes online, from retail stores or from friends and contacts in the community. However, it is illegal in WA to sell e-cigarette devices and nicotine vaping products to anyone regardless of age, unless they are prescribed by a doctor for smoking cessation purposes and obtained with a prescription from a pharmacy.

In WA e-cigarette devices and their components, whether or not they contain nicotine, cannot be sold by tobacco or general retailers. It is also illegal to sell vapes to friends at school or in the community. If you suspect someone is selling vapes or e-cigarettes and their components, you can report it to the Department of Health by emailing [TobaccoPolicy@health.wa.gov.au](mailto:TobaccoPolicy@health.wa.gov.au).

### IS YOUR CHILD VAPING?

You may not know your child is vaping as vapes are small and resemble common items like highlighters, pens and USB drives. They are also not easy to smell.

Tell-tale **signs that your child might be vaping include the symptoms of nicotine addiction** such as your child feeling irritable or anxious. If your child is vaping, encourage them to stop and let them know that help is available and you are there for them. Stopping vaping can sometimes be hard and your child may need advice from a GP.

It also helps to set a good example by being tobacco and vape-free yourself.



### MISLEADING AND DANGEROUS LABELLING

Vaping products are often not labelled or are incorrectly labelled.

The labels may state that vapes are nicotine free, but **many of these products contain nicotine and a lot of other chemicals.**

They just don't put it on the pack.



### THE IMPORTANCE OF TALKING TO YOUR CHILD

If you suspect your child is vaping, take the time to talk to them about it and help them understand all of the risks.

As vaping is often common in schools, they may see it as a normal or safe thing to do, but that is not the case.

**It is important to let your child know the risks of vaping.** Try to start the conversation with your child in a relaxed easy-going way, perhaps taking the cue from around you, such as a note from school, a news story about it, or seeing people vaping on the street. And have your facts ready.

## DO YOU KNOW WHAT THEY'RE VAPING?

[education.wa.edu.au](http://education.wa.edu.au)



# NAIDOC Day 2022



  
**Book Club LOOP**  
for Parents

**LOOP** is the Scholastic Book Club  
**Linked Online Ordering & Payment** platform for parents.  
To order and pay for Scholastic Book Club by credit card visit:  
**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**

 GET IT ON  
Google play

 Download on the  
App Store

Dear Parents,

LOOP online ordering is the preferred way to order and pay for your scholastic book club orders. As a P&C, we will no longer be handling cash payments for book club.

Please contact me if there are any issues.

Regards,

Carly Burton

Scholastic Co-ordinator

*At Southern Cross District High School, our staff and students 'Strive' to achieve their personal best.*

## VOLUNTARY CONTRIBUTIONS 2022

Kindergarten \$60.00      Pre Primary \$60.00  
Primary \$60.00      Secondary \$235.00

Our office does not hold cash on the premises.

Contributions can be deposited directly to our school Westpac Bank Account.

Account Name: Southern Cross District High School BSB: 036128  
Account Number: 860047

Please make sure that you identify your deposit with your child's name to ensure that we credit it correctly.



\*\*\*\* From our Community Health Nurse, Jess Della Bosca \*\*\*\*

### Colour Blindness



Children who are colour blind can see as clearly as other people but can't tell the difference between some colours or see colours differently from other people. Very few people who are colour blind are 'blind' to all colours – most often they see red and green as very similar.

It's good to know if a child is colour blind because they may have difficulty at school with activities that use colours, such as drawing and sorting blocks, and with computers. Please read through information on [colour blindness](#) provided by Raising Children Network.

If you have any concerns, colour vision testing can be performed by some General Practitioners (GP), eye specialists or optometrist. You can also contact your local Community Health Nurse, Jess on 90491321.

### Scoliosis



Scoliosis is an abnormal sideways curvature of the spine. It can be detected by a simple examination of the back.

The normal spine has three curves – one in the neck, one in the upper back and one in the lower back. These curves can be seen from the side, but when you look from behind the spine should appear straight. If the spine has a sideways curve, this is scoliosis.

Please read through the [scoliosis](#) information provided by Raising Children Network and check your child for scoliosis as described.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, Jess on 90491321.



**Time to put your thinking  
caps on!  
Bookweek Dress Up Day  
Thursday 25 August**



*At Southern Cross District High School, our staff and students 'Strive' to achieve their personal best.*